F Phrygian Scale Guitar Chart

notes F G♭ A♭ B♭ C D♭ E♭ · formula 1 ♭2 ♭3 4 5 ♭6 ♭7 · steps H W W W H W W

Interactive page: triads-guitar.com/scales/f-phrygian · Explore every scale: triads-guitar.com/scale-library-app

Formula

H	W	W	W	H	W	W
1	♭2	♭3	4	5	♭6	♭7

F Phrygian is the 3rd mode of the Major family.

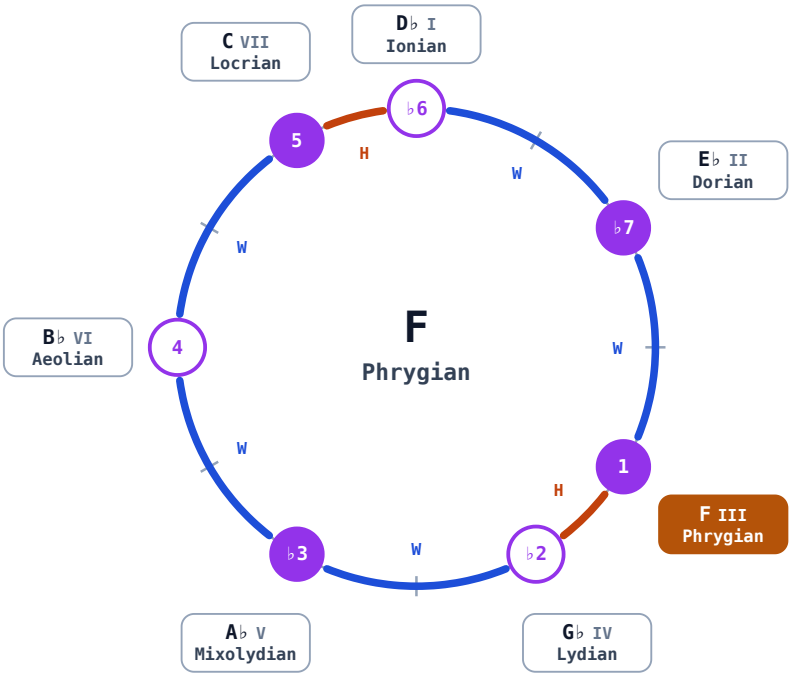
Sound: Minor with a dark ♭2 on top of home: Spanish, heavy

Where it is used: Dark minor with a ♭2: metal riffs, Spanish-flavoured music and modal jazz. Over a minor chord when the ♭2 is meant to be heard.

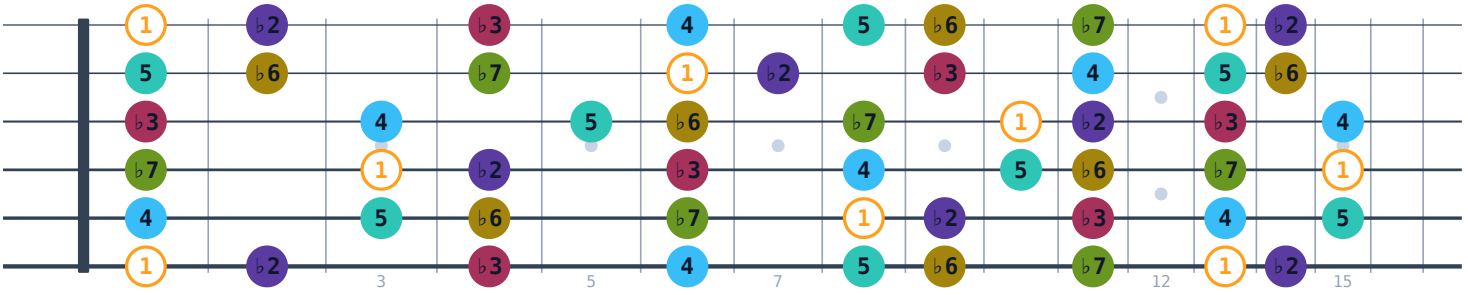
Chords in the scale: i Fm7 · ♭II G♭maj7 · ♭III A♭7 · iv B♭m7 · v° Cm7♭5 · ♭VI D♭maj7 · ♭vii E♭m7

Same notes, other modes: F Phrygian · G♭ Lydian · A♭ Mixolydian · B♭ Natural minor · C Locrian · D♭ Major · E♭ Dorian

F Phrygian on the chromatic circle



The whole neck



Each dot is named by its degree; the root is drawn as a ring.