Rock Loop Chord Progression Chart

I – IV – V – IV · in C major: 4 bars

Interactive page: triads-guitar.com/progressions-library/rock-loop · Play it with a band: triads-guitar.com/progression-builder-app

The progression in C major

I	IV	V	IV
C	F	G	F

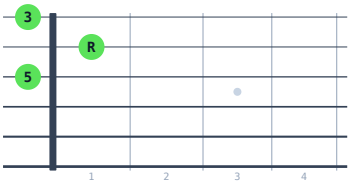
Why it works: Only the three strongest chords of the key, and the IV comes back instead of letting the loop finish on V. Simple, loud and easy for a whole band to follow.

Songs built on it: Wild Thing · Twist and Shout · La Bamba · Hang On Sloopy · Gloria

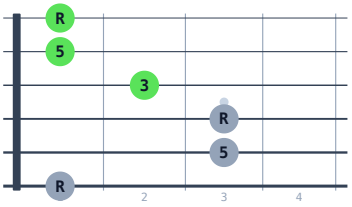
Heard in: Classic rock · Hard rock · Indie rock · Punk · Country · Folk

How to play it in C major

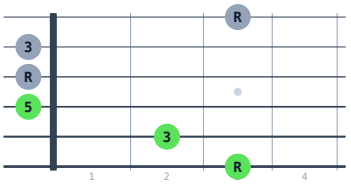
I · C · D shape



IV · F · E shape



V · G · G shape



Rock Loop in every key

Key	I	IV	V
C major	C	F	G
D♭ major	D♭	G♭	A♭
D major	D	G	A
E♭ major	E♭	A♭	B♭
E major	E	A	B
F major	F	B♭	C
F♯ major	F♯	B	C♯
G major	G	C	D
A♭ major	A♭	D♭	E♭
A major	A	D	E
B♭ major	B♭	E♭	F
B major	B	E	F♯

What to play over it

Over the whole progression: C Major · C Major pentatonic

Chord by chord: C: C Major · F: F Lydian · G: G Mixolydian