Dorian Groove Chord Progression Chart

i – IV – ♭VII – i · in A Dorian: 4 bars

Interactive page: triads-guitar.com/progressions-library/dorian-groove · Play it with a band: triads-guitar.com/progression-builder-app

The progression in A Dorian

i	IV	♭VII	i
Am	D	G	Am

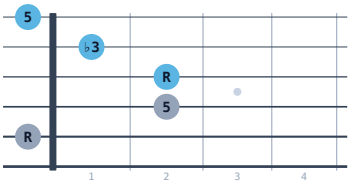
Why it works: Dorian is minor with a raised 6th. The major IV is the giveaway, a bright note in a minor key, so it grooves without turning sad.

Songs built on it: Oye Como Va · Evil Ways · Riders on the Storm

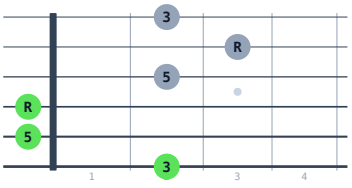
Heard in: Classic rock · Funk · R&B and neo-soul · Lo-fi hip-hop · Modal jazz · Folk

How to play it in A Dorian

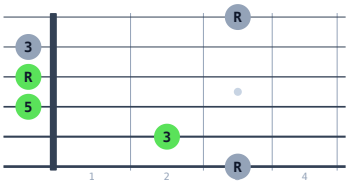
i · Am · A shape



IV · D · E shape



♭VII · G · G shape



Dorian Groove in every key

Key	i	IV	♭VII
C Dorian	Cm	F	B♭
C♯ Dorian	C♯m	F♯	B
D Dorian	Dm	G	C
D♯ Dorian	D♯m	G♯	C♯
E Dorian	Em	A	D
F Dorian	Fm	B♭	E♭
F♯ Dorian	F♯m	B	E
G Dorian	Gm	C	F
G♯ Dorian	G♯m	C♯	F♯
A Dorian	Am	D	G
B♭ Dorian	B♭m	E♭	A♭
B Dorian	Bm	E	A

What to play over it

Over the whole progression: A Dorian · A Minor pentatonic

Chord by chord: Am: A Dorian · D: D Mixolydian · G: G Major